



Lynn
SETH

Founder & Owner

Keynote Speaker

Executive Coach

Consultant

STAGE INTRO

Lynn Seth is the Founder and Owner of Lynn Seth Coaching & Facilitation, a dynamic speaking and coaching firm that helps teams exceed their goals without compromising the health, happiness and well-being of their most valuable asset - the people doing the work!

As a sought-after global speaker, Lynn has traveled the world sharing how, even in the face of unrelenting demands - it is possible to perform at a high level without losing yourself in the process. To successfully do this work, Lynn combines her background as a corporate leader at organizations such as Parke-Davis, Warner-Lambert, and Novartis, along with her expertise in performance psychology and behavior change to share a powerful and transformative message.

A message that has been shared with some of the world's biggest brands and most successful organizations, including: Johnson & Johnson, Deloitte, Starbucks, American-Express, Starbucks and Bristol-Meyers Squibb.

Today, it's our turn to hear this powerful and transformative message. Please help me welcome to the stage, Lynn Seth!

