

# Lynn SETH

## THRIVING ECOSYSTEMS

FOUNDER,  
LYNN SETH FACILITATION

- INTERNATIONAL SPEAKER
- CONSULTANT
- COACH

Keynotes, Consulting, and Coaching to ensure your organization has the mindset, behaviors, and practices for peak performance.



Deloitte. **LEGO**



Johnson & Johnson



Microsoft

Bristol Myers  
Squibb™

### EDUCATION

- Master of Public Health
- Master of Organizational Development

Executive Coach Training

- Healthcare Coaching Institute
- CoachU Program

As an experienced corporate leader, executive coach, program facilitator, and development strategist, Lynn has dedicated her career to developing thriving ecosystems in which peak performance is achieved at the organization, people-leader, and individual levels. Through this work, Lynn has had the privilege of working with corporations such as Starbucks, M&M Mars, Merck, American Express, and beyond.

### CONTENT EXPERTISE

- Purpose & Career Planner (J&J Learn)
- Energy For Performance (J&J Learn)
- Resilience (J&J Learn)
- Belong Without Burnout
- The Energy Scorecard
- What Inclusive Leaders Do

To successfully do this work, Lynn combines her background as a corporate leader at organizations such as Parke-Davis, Warner-Lambert, and Novartis, along with her expertise in performance psychology, well-being, and behavior change.

As a sought-after global speaker, Lynn has traveled the world sharing how, even in the face of bias, burnout, and overwhelm - it is possible to achieve peak performance at work and at home.

For nearly thirty years, Lynn's mission has always been consistent - help leaders identify and implement the customized practices that increase personal engagement, resilience, and their ability to thrive.

### LOCATION

Greater Philadelphia, PA Area

- New Brunswick = 90 min drive
- Raritan = 75 min drive
- Titusville = 60 min drive
- Spring House = 10 min drive

**Access The Best From Your Best!**

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